

**What you can do
to protect yourself
and your family
from Secondhand
Smoke.**



Eat at smoke-free restaurants/bars.

If you find yourself in a restaurant that is not smoke-free, ask the manager to consider going smoke-free. It is good for health and good for business. Remember, Business owners don't know what you want until you ask for it.

Don't smoke in your house or car and don't let anyone else smoke in your house or car.

Don't allow anyone to smoke around your children.

Let family, friends and people you work with know that you care and not to smoke around you.

Quit Smoking! This is the most important step you can take to protect yourself and your family from the dangers of second hand smoke.

Why is *SMOKE-FREE* Dining Important?

When eating out, you want the air you breathe, as well as the food you eat, to be fresh and uncontaminated. You certainly don't want your dinner spoiled by toxic chemicals floating around in the air.

According to the Environmental Protection Agency, a smoky restaurant can have up to six times the pollution of a busy highway.

Unfortunately, restaurants that have separate smoking and non-smoking sections cannot eliminate your exposure to the toxins from second hand smoke.

Ventilation systems are designed to circulate air, but they do not filter and clean it.

The Dining Guide is brought to you by the Penn State Students for Tobacco Awareness, the Penn State Commission for Substance Abuse Prevention and the Centre County Tobacco Prevention Coalition



To be added to the dining guide please contact the American Cancer Society at 1.888.ACS.5445 or email:

centretobaccoprevention@yahoo.com

Centre County

Smoke-Free Dining Guide



Because **Everyone**
has the *Right to*
Breathe Clean Air!



**Centre County
Tobacco
Prevention
Coalition**

State College

Air Expresso, 2493 Fox Hill Road, 237-5484
Allen Street Gill*, 100 W. College Avenue, 231-4745
Alto Italian Restaurant and Bar, 901 Pike Street, Lemont, 238-5534
American Ale House*, 821 Cricklewood Drive, 237-9701
Arby's, 106 S. Atherton Street, 238-2313
Arby's, 2901 E. College Avenue, 867-6511
Autoport Restaurant*, 145 S. Atherton Street, 237-7666
Baby's Burgers & Shakes, 131 S. Garner Street, 234-4776
Back Yard Burger, 1880 S. Atherton Street, 272-1874
Barnes & Noble Café, 3654 Benner Pike, 867-9330
Bell's Greek Pizza, 214 E. Calder Way, 231-2030
Bella Sicilia, 412 W. College Avenue, 867-9388
Ben & Jerry's, 124 S. Allen Street, 234-1200
Beulah's BBQ*, 145 S. Garner Street, 237-0374
Big Bowl Noodle House, 428 E. College Avenue, 867-1534
Big Eats Food Company, 422 A Westerly Parkway, 861-7122
Brother's Pizza, 253 Benner Pike, 234-4200
Brother's Pizza, 238 W. Hamilton, 237-6000
Brother's Pizza, Inc. 231 Northland Center, 237-2353
Brother's Pizza NY Style Pizzeria, 204 E. College Avenue, 234-9951
Burger King, 521 University Drive, 238-2281
Canyon Pizza, 260 E. Beaver Avenue, 867-5672
Carnegie House, Cricklewood Drive, 234-2424
Centre Hill Country Club*, 153 E. Country Club Road, 238-0111
Charley's Steakery, Nittany Mall, 867-4289
China Wok, 279 Northland Center, 231-8883
Chinese Kitchen Express, 430 E. College Avenue, 238-0655
Chopstick Express, 134 e. College Avenue, 237-1717
Cold Stone Creamery, 321 Beaver Avenue, 272-6585
College Buffet, 1631 N. Atherton Street, 278-8000
Corner Room, 100 w. College Avenue, 237-3051
Courtyard by Marriott, 1730 University Drive, 238-1881
D.P. Dough, 1460 Martin Street, 237-4747
Dee's Restaurant, 234 E. College Avenue, 231-8878
Domino's Pizza, 1100 N. Atherton Street, 237-1414
Don Corleon's, 709 Bellaire Avenue, 231-7500
Dorothy's Kitchen, 2268 E. College Avenue, 235-5467
Double D Pizza & Grill, 222 W. Beaver Avenue, 237-9600
Down Under, 1 Country Club Lane, 234-3053
Faccia Luna Pizzeria, 1229 S. Atherton Street, 234-9000
Fraser Street Deli, 109 S. Fraser Street, 234-1918
Fuji & Jade Garden, 418 Westerly Parkway, 861-3226
Gardens Restaurant, 215 Innovations Blvd., 863-5090
Golden Wok, 332 W. College Avenue, 234-1102
Gopper's Pizza, 114 Hetzel Street, 234-1606
Green Bowl, 131 W. Beaver Avenue, 238-0600
Harrison's, 1221 E. College Avenue, 237-4422
Herwig's, 129 S. Fraser Street, 238-0200
Hi-Way Pizza, 340 E. College Avenue, 237-5718
Hi-Way Pizza*, 1668 N. Atherton Street, 237-0375
Hi-Way Pizza, 428 Westerly Parkway, 237-1074
Honeybaked Ham Café, 1700 S. Atherton Street, 272-4267

Hoss's, 1450 N. Atherton Street, 234-4009
India Pavillion, 222 E. Calder Way, 237-3400
Hunan Wok, 452 E. College Avenue, 278-7560
India Grill, 132 Sowers Street, 237-4234
Irving's Bagels, 110 E. College Avenue, 231-0604
Jimmy John's, 220 W. College Avenue, 234-6677
Jimmy John's, 434 E. College Avenue, 237-9300
KFC, 2020 N. Atherton Street, 234-4118
Le Bistro Deli, 1101 N. Atherton Street, 234-7878
Margaritas, 222 W. Beaver Avenue, 235-3060
Mario & Luigi's*, 1272 N. Atherton Street, 234-4273
McDonald's, 442 E. College Avenue, 231-5533
McDonald's, 1615 N. Atherton Street, 231-8800
McDonald's, Near Nittany Mall, 231-7755
McDonald's, 2153 S. Atherton Street, 231-6644
Meyer Dairy Store, 2390 S. Atherton Street, 237-1849
Mio Zio, 132 W. College Avenue, 231-6422
Nittany Lion Inn*, 200 W. Park Avenue, 865-8500
Otto's Pub & Brewery*, 2105 N. Atherton Street, 867-6886
P.J. Harrigans*, 1450 S. Atherton Street, 235-3009
Panera Bread, 148 S. Allen Street, 867-8883
Papa John's Pizza, 2110 N. Atherton Street, 238-7272
Papa John's Pizza, 1341 S. Atherton Street, 234-7272
Peking Garden Express, 2901 E. College Avenue, 238-3132
Penn State Sub Shop, 225 E. Beaver Avenue, 234-4782
Penn State Sub Shop, 1788 N. Atherton Street, 234-7000
Pita Pit, 218 E. Calder Way, 234-1228
Pizza Hut, 2609 E. College Avenue, 238-7076
Pizza Hut, 760 S. Atherton Street, 237-8093
Ponderosa, 1630 S. Atherton Street, 237-5244
Qdoba Mexican Grill, 206 W. College Avenue, 861-3288
Red's Steamed Cheeseburgers, 906 W. College Avenue, 234-0656
Roly Poly, 107 E. Beaver Avenue, 867-4930
Saint's Café, 123 W. Beaver Avenue, 238-5707
Say Sushi Restaurant, 310 S. Allen Street, 238-2244
Seoul Garden, 129 Locust Lane, 237-7444
Shallimar Indian Restaurant, 120 E. Beaver Avenue, 237-5500
Smoothie King, 432 E. College Avenue, 235-3585
Spat's Café, 142 E. College Avenue, 238-7010
Starbuck's, 232 W. College Avenue, 235-4812
Starbuck's, 2020 N. Atherton Street, 235-5014
Subway, 100 Burrow Street, 231-0232
Subway, 454 E. College Avenue, 231-0233
Subway, 283 Northland Center N. Atherton Street, 231-0234
Subway, 300 S. Pugh Street, 231-0231
Subway, Walmart Benner Pike, 235-5552
Taco Bell, 100 Rolling Ridge Drive, 238-3335
Taco Bell, 322 W. College Avenue, 231-8226
Tavern Restaurant*, 220 E. College Avenue, 238-6116
Tarragon, 125 S. Atherton Street, 231-2100
The Creamery, 12 Borland Laboratory, 865-7535
V & S Sandwiches, 128 E. College Avenue, 861-8022
Waffle Shop, 1229 N. Atherton Street, 238-7460

Watkins Dairett, 320 Pine Grove Road, 234-2006
Webster's Bookstore Café, 128 S. Allen Street, 231-9712
Wendy's, 1610 N. Atherton Street, 237-5894
Ye Old College Diner, 126 W. College Avenue, 238-5590
Yogurt Express, 418 E. College Avenue, 238-6532
Zola's New World Bistro*, 324 W. College Avenue, 237-8474

Bellefonte

Bellefonte Wok, 111 S. Allegheny Street, 353-8888
Brother's NY Style Pizzeria, 102 N. Allegheny Street, 355-5581
Burger King, 901 E. Bishop Street, 355-4265
Cool Beans Coffee & Tea, 141 W. High Street, 355-1178
Dairy Queen, 101 S. Allegheny Street, 355-0448
Diamond Deli, 103 N. Allegheny Street, 353-3354
Gamble Mill*, 160 Dunlap Street, 355-7764
La Bella Trattoria, 116 E. High Street, 353-8808
Pizza Hut, 1014 E. Bishop Street, 355-5160
Subway, 216 W. High Street, 353-0335
Sunset West Restaurant, 412 E. College Avenue, 359-2783
Troy's Philadelphia Style Hoagie, 752 Benner Pike, 355-5427
Twin Kiss Restaurant, Rout 150, 355-1322

Phillipsburg

Brother's Pizza, 221 Front Street, 342-6930
China Wok, 25 Ames Plaza, 342-2235
Dairy Queen, Cold Stream Street, 342-6617
Gaslight Café, 20 W. Presqueisle Street, 342-8232
KFC, 26 Ames Plaza, 343-4800
McDonald's, Highway Rout 322 W., 342-6074
Phillipsburg Country Club*, Rout 322, 342-0279
Pizza Hut, 1129 Phillipsburg Bigler Highway, 342-1980
Subway, 503 N. Front Street, 342-5574
Taco Bell, 26 Ames Plaza, 343-4800

Centre Hall, Boalsburg, Milesburg

Angelina's, 109 S. Church Street, Boalsburg, 466-9050
Angelo's Pizzeria, 603 E. Boal Avenue, Boalsburg, 466-1980
Brewer's Café, 109 W. Main Street, Boalsburg, 466-2086
Brody's, Route 45, Centre Hall, 364-5099
Brother's, 208 Mill Street, Milesburg, 355-4562
Brother's Pizza of Centre Hall, 237 N. Pennsylvania Avenue, 365-9817
Duffy's Tavern*, 113 E. Main Street, Boalsburg, 466-6241
Eutaw House, 4230 State Route 144, Milesburg, 364-7333
McDonald's, 802 N. Eagle Valley Road, Milesburg, 353-9288
Miller's Hoagies, 306 Turnpike Street, Milesburg, 355-4225
Pennsylvania Pizza, State Route 45, Centre Hall, 364-4400
Two Boys BBQ, 306 Boal Avenue, Boalsburg, 466-2260

*** Smoking Permitted in Bar and Lounge Area***